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# FACE & BODY BAR OLIVE OIL SOAP

## Product Information

Adele all natural, olive oil based, luxurious body bar soap, will nourish, moisturize, cleanse, deeply hydrate and repair dry skin. It helps protect skin from damage and early signs of aging. Our soap won't strip away natural oils and will leave the skin velvety smooth. This soap is mild enough even for dry, itchy, irritated, and sensitive skin.

Choose one of Adele's principal fragrances: Rose, Lavender, Green Tea, Neroli, and Fragrance Free/Natural.

## Ingredients

Olive oil, Distilled water, Sodium Hydroxide & Fragrance oil.

## Directions

For best results use with our Exfoliating Loofah Glove that has been known to enhance the circulation, exfoliate and remove dry & dead skin without irritation. We also recommend our affordable silicone soap dish to keep your soap well drained and is resistant to mold formation as well.

Two sizes to choose from: Large 180g    Small 120g



# LOOFAH

## Product Information

Loofah refers to the fruit that is used in China, India, and Vietnam. The fully mature fruit is the source of the loofah scrubbing sponge which is a natural exfoliant used to scrub the body for cleansing.

## Ingredients

Loofah, Natural Terry cloth.

## Directions

Wet the loofah. Use soap bar or body wash in small amount and rub in circular motion to exfoliate and clean all at once.

Comes as a glove with 2 sided loofahs or 1 side terry cloth and 1 side loofah. Recommended thorough cleaning and hanging to dry after each use. Toss it away after 2 to 3 months.



## **SILICONE SOAP DISH**

### **Product Information**

Adele Purest Possible has found this silicone soap dish to be the cleanest and easiest way to take care of your soap.

Pure Olive Oil soap needs to drain after use. The silicone soap dish is the perfect way to stop the soap from sticking and prolong its life considerably.

Use with all soaps. Easy to clean, and unlike bamboo or wooden natural soap dishes, this silicone prevents mold formation.



## ACNE SULFUR SOAP

### Product Information

Removes built-up oils and old cells without drying your skin. Thorough cleansing can help prevent and clear acne breakouts as well as unclog pores, whiteheads, and blemishes. Use daily for a week to achieve beneficial and visible results.

### Ingredients

Olive oil, Distilled water, Sodium Hydroxide & Sulfur.

### Directions

Lather sulfur soap on wet face and rub with circular motion. Wait until soap lather is dry, then rinse thoroughly with warm water, then cold water. For best results follow up with Adele Facial Mist to tone and hydrate your face.

## ACNE DISINFECTANT

### Product Information

Antiseptic, germicide, and bactericide solution that destroys harmful microorganisms that tend to multiply and transfer from one spot to another. It is ALCOHOL FREE, which makes it ideal to fight acne without drying the face.

### Ingredients

Benzalkonium Chloride

### Directions

Spray acne disinfectant on a cotton ball and use on the entire face avoiding the eyes. Recommended use is twice daily, in the morning and at night on a clean face. Let dry naturally. Can also be used on the back or any area with acne.

Comes in a 2 oz bottle with fine mist sprayer.



# FACE & HAND WASH

## Product Information

Hydrating and extremely mild, Adele Face & Hand Wash produces a gentle, creamy lather, infused with essential & fragrance oils to make the face and hands soft, smooth, clean and moisturized.

This allergen free wash won't strip away natural oils and will cleanse and moisturize at the same time leaving the skin velvety smooth. This soap is mild enough even for dry, itchy, irritated, and sensitive skin.

## Ingredients

Distilled water, Olive oil, Potassium Hydroxide, and Fragrance oil.

## Directions

Begin by washing your hands. Wet your face completely. Gently rub a dime's worth in circular motion.

Rinse with warm water and finish up with cool water. For best results, follow up with our facial mist on the face, a lotion or a cream, and use body butter to soften your hands.

Two sizes to choose from:

Small: 4 oz Large: 8 oz

Choose one of Adele's principal fragrances: Rose, Lavender, Green Tea, Neroli, and Fragrance Free/Natural.





# FOAMING SOAP

## Product Information

100% foaming olive oil soap dispenses the right amount of lather with every pump, promoting ideal hygiene while leaving hands smooth and velvety.

This gentle foam won't strip away natural skin oils, and is mild enough to use on babies.

## Ingredients

Distilled water, Olive oil, Potassium Hydroxide, and Fragrance oil.

## Directions

By pushing on the foamer dispenser you can get the desired amount of soap needed to wash your face and hands.

Comes in a 4 oz foaming bottle.

Choose one of Adele's fragrances: Rose, Lavender, Green Tea, Neroli, F/F & White Tea and Ginger.



# BODY WASH



## Product Information

Adele refreshing, light, lathering body wash will leave your skin feeling smooth, supple with a subtle scent. Adele body wash will hydrate your skin while moisturizing it with 100% all-natural olive oil based ingredients suitable for all skin types.

## Ingredients

Distilled water, Olive oil, Potassium hydroxide, and Fragrance oil.

## Directions

Wet skin. Lather body wash using our exfoliating loofah glove to increase blood flow and circulation.

Removes dirt, dry, and dead skin without irritation.

For best results use with Adele body lotion, body butter, or body serum.

Available in one size: 16 oz

Choose one of Adele's principal fragrances: Rose, Lavender, Green Tea, Neroli, and Fragrance Free/Natural.



# FACE SCRUB

## Product Information

Our silky touch Face Scrub is 100% liquid olive oil containing natural walnut shell powder to gently exfoliate dead skin cells without drying, leaving a brighter looking skin and soft to the touch. Gentle enough to be used daily. A sponge will be provided to help remove stubborn makeup, such mascara and eyeliner.

## Ingredients

Distilled water, Olive oil, Sodium Hydroxide, Walnut shells, and essential oil.

## Directions

Wash hands thoroughly. Wet the face and apply a dime's worth of face scrub onto fingertips. Rub gently on the face using circular motion.

For best results use with Adele's Facial Mist Toner.

Available in one size: 4 oz

Choose one of Adele's principal fragrances: Rose, Lavender, Green Tea, Neroli, and Fragrance Free/Natural.



# FACIAL MIST TONER

## Product Information

This gentle floral water hydrates the skin making your complexion feel soft, smooth and fresh. Regular use on face and hair after cleansing will lock in hydration. Use our mist to rejuvenate and revitalize the skin and soothe irritations. Our mist can be used as often as you desire.

## Ingredients

Distilled water, Rose, Neroli and Peppermint extracts.

## Directions

Spray onto clean face after cleansing at least twice daily, morning and night. Moisturize with Adele's face lotion or cream with SPF 15 during the day, and Adele's night repair cream before bedtime.

For best results use with face wash, foaming wash, face scrub, or soap bar.

Available in 2 oz fine mist sprayer bottles in both

Rose, Neroli, and Peppermint fragrances.



# HAND REPAIR CREAM

## Product Information

Rediscover your baby soft hands again with this all natural advanced and unique *hydrating* and *protecting* formula. Based on nature's best moisturizers such as olive oil and shea butter, this hand cream with its simple but balanced ingredients, is fast absorbing and long lasting.

## Ingredients

Olive oil, Shea butter, Mango butter,

Wax, Aloe Vera extract,

Cucumber seed oil,

Vitamin E,

Optiphen and Sodium Benzoate.

## Directions

Apply twice a day on clean and dry hands by using the plastic spatula enclosed to get the desired amount of cream. Rub gently until it has been absorbed by the skin. Repeat if necessary.

***We highly recommend the use of the sterilized spatula to prevent mold as this product contains only small amounts of preservatives.***

Available in 4 oz jars.



# AROMATHERAPY

## Product Information

Add the simple pleasures of aromatherapy to your everyday life with Adele's burst of aroma that acts directly on the brain to affect changes in your mood. This unparalleled selection of essential oils & ready to use aromatherapy sprays are designed to refresh your environment as well. Formulated from 100% pure essential oils, it provides true benefits for the mind, body, and spirit. Treat yourself to complete wellness and experience the healing properties that only nature can provide.

## Ingredients

Distilled water, essential oil.

## Directions

Spray on body, room, bed linen, car, etc.

It is safe to use on all skin types, animals, and environment.

Available in 4 oz bottle with fine mist sprayer in Neroli, Rose, Lavender, and Fresh Mint.



# BODY BUTTER

## Product Information

A rich, skin friendly, body butter that provides intense hydration and significant softness within a short period of time. Use it once in the morning to ensure intense moisture throughout the day. Reapply once again at bedtime to repair the skin. This body butter is formulated with the finest ingredients on the market.



## Ingredients

Shea butter, Olive oil (that draws moisture into the skin), Coconut oil (hydrates and repairs), Cornstarch, Wax, Vitamin E, and essential oil.

## Directions

Apply twice a day, morning and night on clean skin to ensure deep penetration and draw all the benefits from the ingredients.

Available in 4 oz double-wall jars (to insure better insulation) with sterile spatulas.

Choose one of Adele's principal fragrances: Rose, Lavender, Green Tea, Neroli, and Fragrance free.

For best results, use on clean skin, in conjunction with Adele's body wash and loofah.

## **INTENSIVE HEEL REPAIR**

### **Product Information**

Adele Purest Possible Intensive Heel Repair has all the necessary oils that moisturize, soften, and condition the skin without the heavy greasy feeling. This cream formula penetrates the skin tissue so deeply to insure overnight smooth and healthy heels ready to take on socks and shoes.

### **Ingredients**

Distilled water, Coconut oil, Avocado oil, Cocoa butter, Castor oil, Shea butter, Wax, Aloe Vera, Vitamin E, and Sodium benzoate.

### **Directions**

Apply twice daily to clean and dry skin. Once healed, you can apply only once at bedtime.

Available in 4 oz

For best results, use with Intensive Heel Scrub.

## **INTENSIVE HEEL SCRUB**

### **Product Information**

Adele Purest Possible Intensive Heel Scrub combines the goodness of olive oil and the powerful massaging benefit from the powdered pumice natural stone to exfoliate and remove dead skin cells while rejuvenating and moisturizing the skin.

### **Ingredients**

Distilled water, Olive oil, Sodium chloride, Pumice powder, and Fragrance.

### **Directions**

Apply once a day using circular motion on wet heels and rub using a brush or loofah to help exfoliate dead skin gently but effectively.





# LIP BALM STICK

## Product Information



Adele Purest Possible lip balm is formulated to give you a surge of moisture with each swipe that will last for the whole day without any need to reapply. It is paraben, petrolatum, gluten and phthalate free. Your lips will feel moist, soft, and sensationally smooth with all 100% natural ingredients. Contains soothing Shea butter, antioxidant rich Vitamin E for long lasting repair, moisture, and nourishment for dry and damaged lips.

## Ingredients

Coconut oil, Shea butter,  
Wax, Flavor oil, and  
Vitamin E.

## Directions

Apply on lips every morning before your favorite lipstick.

Available in Rose, Strawberry, Natural.

Available in 0.15 oz stick.

For best results, use with Adele Purest Possible Lip Scrub.

## LIP BALM TIN CAN

Refer to information on Lip Balm Stick

Available in 1 oz tin cans with the following flavors:  
Peach, Pomegranate, and Coffee Brown Sugar.



## LIP SCRUB

### Product information

Adele Purest Possible Lip Scrub will exfoliate your lips while locking in hydration. Using all-natural olive oil, mango butter, cocoa butter & sugar to gently scrub and remove dead skin while leaving them soft, smooth & supple, our lip scrub is 100% natural with no paraben, petrolatum, gluten or phthalate. Furthermore, our lip scrub is **totally edible**.



### Ingredients

Sugar, Mango butter, Cocoa butter, and flavor extracts.

### Directions

Rub in circular motion. It is safe to lick and enjoy the taste.

Available in 2 oz jars with the following all-natural flavors of Rose, Neroli, and Acai Blackberry.

For best results, use with Adele Lip Balm/Tin.

# 10 MINUTE CLEAR SKIN CLAY MASK

## Product information

Adele Purest Possible 10-minute clear skin clay mask is smooth, soft and delivers an extra helping of hydration while removing impurities, and unclogging pores & toxins. Formulated from nature's troubleshooters,

Bentonite clay, Avocado oil & Essential oils, this mask naturally responds to problem skin. Just apply a thin layer to the face and let our product work its magic!



## Ingredients

Distilled water, Bentonite clay, Avocado oil, Optiphen, Vitamin E, and Essential oil.

## Directions

Apply a thin layer of clay **USING THE SPATULA** provided in the jar. **DO NOT USE YOUR FINGERS** as it will contaminate the product. **DO NOT USE ANY METAL UTENSIL** as it eliminates the action needed to attract dirt and blackheads from the skin.

Available in 5 oz jars with the following fragrances: Rose, Lavender, Neroli, Green Tea, and Peppermint.



# BODY LOTION

## Product information

Adele Purest Possible luxurious, rich body lotion helps moisturize dry, dehydrated, mature & sensitive skin types.

Olive oil along with other all -natural ingredients allow for easy absorption while hydrating, revitalizing & delivering lasting benefits for healthy looking skin, leaving a velvety skin texture.



## Ingredients

Distilled water, Squalane Olive oil, Jojoba oil, Avocado oil, Apricot Kernel oil, Sunflower oil, Shea butter, Mango butter, Cocoa butter, Stearic acid, Wax, Aloe Vera, Vitamins A&E, Hyaluronic acid, Essential oil, Sodium benzoate, and Optiphen.

## Directions

Apply on clean and slightly damp skin all over hands and body after your shower once or twice a day depending on the amount of hydration needed.



Available in 4 oz containers.

Choose one of Adele's principal fragrances: Rose, Lavender, Green Tea, Neroli, and Fragrance free.

# BODY SERUM

## Product Information

Adele Purest Possible Body Serums have been carefully selected to insure intense hydration while giving the skin a satiny, velvety glow with no oily residue. Pure and natural skin nourishing vitamins and oils penetrate to tighten and smooth while adding a healthy glow to your skin.



## Ingredients

Olive oil, Safflower oil, Sunflower oil, Jojoba oil, Sesame oil, Caprylic Capric Triglycerides, Vitamins A&E, and Essential oils.

## Directions

Simply massage twice daily onto rough spots such as elbows & knees or choose to spray all over the body for soft & smooth skin. Each application works to fight signs of aging by moisturizing and enhancing your skin's appearance. Available in 2 oz bottles with sprayers with the following fragrances: **Serenity, Energy, Vitality, Meditation, and Relaxing.**

Use with Adele Purest Body Wash and Loofah.

# MAGNESIUM OIL

## Product Information

Adele Purest Possible Magnesium oil is a vital natural element present in every human organ. Its benefits are numerous, among them is their ability to relieve pain in muscles, joints, headaches, backpains, and at the same time reduce stress.

## Ingredients

Distilled water, Magnesium flakes, French Lavender essential oil, Neroli essential oil, and Bergamot essential oil.

## Directions



Spraying directly on the affected area (**NEVER ON THE FACE**) is the most common application for this mineral as it is best absorbed through the skin. Rub thoroughly in and leave to absorb for about 30 minutes. You might experience a slight tingling for the first few minutes. Discontinue use if skin becomes irritated.

Available in a 4 oz bottle with fine sprayer.

Recommended use of Adele Purest Possible body wash and loofah before applying magnesium oil on clean skin for optimum results.

# BATH SALTS

## Product information

Adele Purest Possible Bath Salts soothe tired achy muscles and joints quickly and effectively providing a relaxing and detoxifying spa treatment in your bathtub by combining over 21 minerals to help hydrate, replenish and maintain a natural moisture balance, with the added ingredient of Magnesium nature's anti-stress supplement.

## Ingredients

Dead Sea salt, Epsom salt, Baking Soda, Glycerin, Essential oil, and Mica (natural) colorant.

## Directions

Add 2 scoops (included in the jar) and run under warm water to dissolve and at the same time diffusing the relaxing aroma of the essential oils.

Available in 16 oz jars in a variety of fragrances including Neroli, Rose, Gardenia, Lavender, etc.

Follow up with Adele Purest Possible body lotion for a velvety touch.



## **HEADBAND**

### **Product Information**

The Velcro Headbands that we offer are just the thing to keep your hair out of the way when you are applying products to your face. Thanks to the Velcro, you can adjust it to the perfect size and is very secure. The wide cut of the fabric helps corral more hair. Our headbands come in two colors: black and white.





## **DUAL ACTION EYELID SERUM**

### **Product information**

This innovative product is a special Dual Action light serum that works on toning and lifting the eyelids and, at the same time, reducing the puffiness and dark circles around the eyes.

### **Ingredients:**

Almond, Witch Hazel, Avocado, Cucumber seed, and Grape seeds oils, Aloe Vera, Jasmine, Lemon, Peppermint, Neroli, Rose, Carrot Seed, French Lavender, Rosehip, and Tea Tree essential oils, Vitamin E and Hyaluronic acid.

### **Directions**

Apply ***NIGHTLY*** and just before bedtime around the eyes. Wash the next morning with a mild soap and warm water.

Available in 1 oz dropper.



# CUTICLE REPAIR SERUM

## Product information

We combined all the goodness of oils in one product to nourish the nail and nailbed. Cuticles get abused throughout the day, being subjected to water, soap, scrubs, etc. This serum helps in restoring, revitalizing, nourishing, and hydrating both cuticles and nails. It is an effective and intense treatment for broken and brittle nails as well.

## Ingredients

Almond oil, Castor oil, Olive oil, Coconut oil, Sunflower oil, Jojoba oil, Avocado oil, French Lavender essential oil, Frankincense essential oil, Tea Tree essential oil, Lemon essential oil, and Vitami E.

## Directions

Apply around the nails, directly onto the cuticles. Gently massage towards your fingers until the serum is fully absorbed. **Do not wash** afterwards to get the full benefit of the oils.

Available in 1 oz dropper.



## **NIGHT REPAIR CREAM**

### **Product Information**

Adele Purest Possible Night Repair cream is uniquely formulated to restore smooth, healthy skin while locking in moisture, keeping your skin well hydrated throughout the night.

This nourishing rich cream absorbs quickly into the skin, leaving your face feeling moist and supple but not greasy or weighed down.

Adele face cream is dispensed in a state-of-the-art non-oxidizing pre-measured dispenser for a cleaner way of application.

### **Ingredients**

Distilled water, Olive oil, Shea butter, Mango butter, Squalane Olive oil, Aloe Vera, Wax, Hyaluronic acid, Vitamins A&E, Optiphen, Sodium benzoate, and French Lavender essential oil.

### **Directions**

Press on the dispensing disc and with your finger, apply the cream on clean face.

For best results, use after exfoliating and cleansing with Adele Purest Possible Face scrub, Foaming soap, Soap bar, or Face and Hands liquid soap. Available in 1oz airless jars.



## **FACE LOTION**

## **Product Information**

This SPF 15 formula is perfect for younger skin types, as well as it is beneficial in the summer for everyone because of the light oils used in the composition. Our all-natural face lotion absorbs rapidly into the deeper layers of your skin giving a youthful glow & aiding in hydration without a greasy feeling, with the added benefit of our proprietary formula using Red Raspberry oil as a natural sunscreen. We use state of the art airless dispensing bottle to eliminate contamination and oxidation.

## **Ingredients**

Distilled water, Squalane Olive oil, Jojoba oil, Avocado oil, Rice bran oil, Sunflower oil, Shea butter, Mango butter, Cocoa butter, Red Raspberry oil, Wax, Stearic acid, Hyaluronic acid, Vitamins A&E, Optiphen, Sodium benzoate, Essential oil.

## **Directions**

Pump two or three dabs of lotion onto clean fingers and spread on clean face. Wait for a minute before applying makeup.

Available in 1 oz airless pump bottle. For best results, use with Adele Purest Possible 10 minute clay mask, Facial mist toner, and Foaming soap.



## **DAILY TONER FACE SERUM**

## **Product Information**

Adele Purest Possible day serum tones saggy and mature skin while smoothing away imperfections. We use both Jojoba oil and Avocado oil to carry the beneficial essential oils deep into the skin's tissues to hydrate and tighten at the same time.

## **Directions**

Apply serum daily on a clean face. Follow up with a moisturizer containing SPF 15 to hydrate, tighten, and prevent harmful UV lights from damaging your skin.

Available in 1 oz dropper.

Best used with Foaming soap and Day Face cream with SPF 15.

## **NIGHT REPAIR SERUM**

### **Product Information**

Adele Purest Possible night serum has the least products but the most effective on the skin. We use a light, deep penetrating oil, to carry the goodness found in our essential oils. It hydrates while toning and reducing fine lines around the eyes and lips while adding a healthy glow.

### **Ingredients**

Jojoba oil, French Lavender essential oil, Frankincense essential oil, Chamomile essential oil, and Bergamot essential oil.

### **Directions**

Apply oil on clean face nightly to welcome a glowing and rested you in the morning.

Available in 1 oz dropper.

Best used with Foaming soap and Night cream.



# GROWTH HORMONE STIMULATOR SKINCARE LINE



**INTRODUCING**  
**ADELE'S PUREST POSSIBLE**  
**GHS**  
**GROWTH HORMONE STIMULATOR**

As is well known by now, people lose their hormone levels as they age which translates into constant fatigue, weight gain, muscle tone and bone density loss, as well as an overall appearance of aging.

The human pituitary gland that produces growth hormone utilizes essential amino acids as building blocks. The capacity to produce this growth hormone slows down due to lack of availability of the major amino acids due to inhibitory hormones like somatostatin and the lack of availability of these essential amino acids. In other terms, lack of blood level availability of these essential amino acids hinders the production of HGH.

People tend to utilize synthetic HGH injections which could run into several thousands of dollars per injection. Others try to supplement these amino acids by oral ingestion.

Basic medical knowledge is obvious to predict that ingestion of amino acids will break down and hydrolyze these huge molecules into components that are eliminated and never reconstituted as a higher blood level of these acids.

We have developed through scientific and mathematical studies backed by publications an exclusive mechanism by which we can transport these essential amino acids through the skin membrane into an elevated blood level necessary to stimulate the pituitary gland into overdrive production of superior levels of HGH.

At the same time, increased levels of L-arginine will inhibit the production of somatostatin. As such, it leads to a boost of nitric oxide necessary to increase and widen blood vessels that help deliver more oxygen and nutrients to muscles.

The increasing of cysteine level will protect muscle and skin from oxygen free radicals and oxidative damage to muscle and skin. This phenomenon is translated into anti-aging visible change like reduced double chin, more hydrated and younger facial look.

L-glutamine reduces dementia and boosts the immune system and helps in loss of weight.

The mechanism of transport utilized is a proprietary mechanism developed through radio-active uptake of fatty acids through skin and mucosal membranes. Our research has shown that this process is a steady, persistent and a long process to achieve a result that can be appreciated. Other methods promoted do not have any scientific or clinical research behind it.

We have undertaken the development of a full line of products that used together will accomplish the desired levels of HGH.

People believe that these levels are easy to achieve but in reality, they are produced in PICO levels within the pituitary gland.

These products developed are:

1. Body soap bar
2. Face liquid soap
3. Daily face serum
4. Daily face lotion
5. Daily face cream with natural SPF
6. Nightly face serum
7. Nightly face cream